

Social Identity Wheel

The Social Identity Wheel is a circular diagram consisting of 20 rectangular boxes arranged in a ring. Each box contains a different identity category. In the center of the wheel is a larger rectangular box containing instructions for how to use the wheel.

Identity Categories:

- Ethnicity:
- Mobility:
- Race:
- National Origin:
- Religion:
- Age:
- Gender:
- Sex:
- Sexual Orientation:
- Marital Status:
- Language(s):
- Profession:
- Occupation:
- Other:
- (Dis)Ability:
- Education Background:
- Socioeconomic Status:
- Political Affiliation:
- Employment Status:
- College/School Affiliation:
- Family Status:
- Generation:
- Military Status:
- Sports Affiliation:

Central Instruction Box:

After you fill in your identities...

- *Add a "+" next to the three identities that you feel are most important to you.
- *Add a "-" next to the three identities that you feel are least important to you.
- *Which identities do you think best describe you?
- *Which identities do you think others would use to describe you?
- *Do you have any identities that you do not know much about? What are they? Would you like to learn more about these identities?
- *Reflect on all of the components of your identity. What have you learned about identity and about yourself?