

Name _____

Ready! Set! Go!

- Stand at the start line.
- Hop from the start line to the finish line.
- Go back to start. Walk backwards from the start line to the finish line.
- Go back to start. Walk regular from the start line to the finish line.
- Go back to start. Speed walk (don't run) from the start line to the finish line.

Put the type of movement in order from fastest to slowest:

1. _____

2. _____

3. _____

4. _____